

Report of evidence - 2021

| REPORT N° | REPORT | ABSTRACT | LATEST UPDATE DATE |
|-----------|---|--|--------------------|
| 1 | Clinical guidelines on COVID-19 vaccination in the Peruvian Social Security | Approximately 127 million of COVID-19 cases have been reported globally. Peru is one of the 20 countries most affected by this pandemic, which has reported 1.52 million of cases and 51 238 deaths by COVID-19 infection until March 28, 2021, and these numbers keep increasing. Faced with this situation, vaccines have been developed to stop the spread of this disease, some of which have been acquired and implemented by different countries. In Peru, until March 23, 2021, agreements for procurement of Sinopharm, Pfizer, and AstraZeneca vaccines were carried out. With these procurements, the Ministry of Health (MINSa in Spanish) has formulated a vaccination prioritization plan, as well as a health directive that establishes the prioritized population and the technical criteria for the vaccination against the COVID-19 in Peru. However, there is uncertainty about indications in specific populations or situations. Thus, the objective of this document is to provide clinical guidelines on procedures, indications, and contraindications of the vaccination against COVID-19, considering the approved vaccines with agreement for procurement by the Peruvian government, in the Peruvian Social Security, EsSalud. | 2021/04/19 |
| 2 | Clinical recommendations for home care of COVID-19 patients | This document is a rapid response to a request of information for health personnel or decision makers about the clinical recommendations for home care of patients suspected of diagnosed with COVID-19. These clinical recommendations are directed to medical and non-medical health personnel, who participate in domiciliary visit to patients suspected or diagnosed with COVID-19. | 2021/04/28 |
| 3 | Clinical recommendations for the management of COVID-19 patients in the Temporary Isolation and Healthcare centers. | This document is a rapid response to a request of information for health personnel or decision makers about the clinical recommendations for healthcare and follow-up of COVID-19 patients in the Temporary Isolation and Healthcare centers. These clinical recommendations are directed to medical and non-medical health personnel, who work in the Temporary Isolation and Healthcare centers. | 2021/05/14 |
| 4 | Quick search for evidence of the management of patient with post-COVID-19 syndrome. | This document is a rapid response to a request of information for health personnel or decision makers about the available evidence for the interventions in patients with prolonged COVID-19. These clinical recommendations are directed to medical and non-medical health personnel, who participate in healthcare of patients with prolonged COVID-19. | 2021/05/14 |

**Report of evidence – 2020
COVID – 19 management**

| REPORT N° | REPORT | ABSTRACT | LATEST UPDATE DATE |
|-----------|---|--|--------------------|
| 1 | Recommendations on the clinical management of the COVID-19 infection | <p>The COVID-19 is a new disease that is challenging the health systems around the world. Its rapid spread has generated an important overload of health establishments, not only due to patients with mild disease who need a diagnosis, but also to patients with severe disease who need hospitalization and critical care. The volume in patients affects the availability of hospital beds and mechanical ventilators.</p> <p>Since it is a new disease, there is no evidence to guide the management of these cases. The current protocols have been formulated based on the experience of health personnel who are managing these cases in several parts of the world. It is currently the best available evidence and with this, clinical recommendations are being formulated. The new evidence that appears in the following weeks can modify some recommendations or add more recommendations, so we should be attentive to the new publications that emerge. These recommendations will help guide the clinical management of these patients and standardize actions among different health professionals.</p> | March, 2020 |
| 2 | Recommendations during home isolation in the context of the COVID-19 pandemic | This document is a rapid response to a request of information for health personnel or decision makers about the clinical recommendations during home isolation for patients suspected or diagnosed with COVID-19. These clinical recommendations are directed to medical and non-medical health personnel, who provide care during home isolation to patients suspected or diagnosed with COVID-19. | 2020/03/30 |
| 4 | Clinical recommendations for the transport of suspected or confirmed COVID-19 patients | This document provides guidelines about the procedure and biosafety conditions necessary to carry out the transport of suspected or confirmed COVID-19 patients. These clinical recommendations are directed to medical and non-medical health personnel, who participate in the transport of suspected or confirmed COVID-19 patients. As well as the personnel who drive the transport vehicle. | 2020/03/31 |
| 5 | Clinical recommendations for remote monitoring and evaluation during the SARS-COV-2 pandemic. | This document provides guidelines about recommendations for remote monitoring and evaluation of suspected or confirmed COVID-19 patients or direct contacts of COVID-19 infection. These clinical recommendations are directed to medical and non-medical health personnel who perform remote attention of COVID-19 patients. | May, 2021 |

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| 6 | Clinical recommendations for home care of suspected or confirmed COVID-19 patients. | This document provides guidelines about recommendations for domiciliary visit of suspected or confirmed COVID-19 patients. These clinical recommendations are directed to medical and non-medical health personnel who participate in domiciliary visit of suspected or confirmed COVID-19 patients. | 2020/04/01 |
| 12 | Recommendations for the management of pediatric patients with suspected or confirmed COVID-19 | This document establishes technical criteria and procedures for the care and management of pediatric patients with COVID-19 at the hospital. In addition, provides clinical recommendations for the management of pediatric patients with COVID-19. These clinical recommendations are directed to medical and non-medical health personnel who participate in the attention of pediatric patients with suspected or confirmed COVID-19. | 2020/04/30 |
| 19 | Clinical recommendations for enteral nutrition of patients with COVID-19 infection in intensive care units. | This document provides clinical recommendations for the enteral nutrition of patients with COVID-19 in intensive care units. These clinical recommendations are directed to medical and non-medical health personnel who are involved in the nutrition of patients with COVID-19 in intensive care units. | 2020/05/28 |
| 23 | Clinical recommendations for palliative care in patients with COVID-19 hospitalized in non-ICU areas. | This document provides clinical recommendations for palliative care in COVID-19 patients hospitalized in non-ICU areas. These clinical recommendations are directed to health personnel who are involved in the management of COVID-19 patients hospitalized in non-ICU areas. | 2020/08/24 |
| 24 | Clinical recommendations for the management of sedoanalgesia in COVID-19 patients on mechanical ventilation. | This document provides clinical recommendations for the management of sedoanalgesia in COVID-19 patients on mechanical ventilation. These clinical recommendations are directed to health personnel who manage severe COVID-19 patients with need for mechanical ventilation. | 2020/09/18 |

Procedures in COVID - 19

| REPORT N° | REPORT | ABSTRACT | LATEST UPDATE DATE |
|-----------|--|--|--------------------|
| 11 | Clinical recommendations for the management of childbirth in the context of the COVID-19 pandemic | This document establishes technical criteria and procedures for the attention and management of pregnant women infected with COVID-19 during the childbirth and puerperium at the hospital. In addition, provides clinical recommendations for the management of the childbirth in pregnant women with suspected or confirmed COVID-19 infection, and establishes prevention and control measures to reduce the risk of transmission in health personnel within the maternal services of the health centers. | 2020/04/20 |
| 13 | Clinical recommendations for performing procedures in odontostomatology in the context of a COVID-19 pandemic | This document provides recommendations for performing procedures in odontostomatology in the context of the COVID-19 pandemic. These recommendations should be applied to asymptomatic, suspected, symptomatic or confirmed COVID-19 patients. In addition, these recommendations are directed to health personnel who perform odontoestomatological attentions in the context of the COVID-19 pandemic. | 2020/04/30 |
| 17 | Clinical recommendations for performing Gastrointestinal Endoscopic Procedures in the Context of the COVID-19 pandemic | This document provides recommendations for performing Gastrointestinal Endoscopic Procedures in the Context of the COVID-19 pandemic. In addition, these recommendations are directed to health personnel who perform Gastrointestinal Endoscopic Procedures during the COVID-19 pandemic. | 2020/05/14 |
| 18 | Recommendations for performing surgical procedures in the context of the COVID-19 pandemic | This document provides recommendations for performing surgical procedures in the context of the COVID-19 pandemic. These recommendations are directed to managers or directors of health establishments and health personnel who are involved in the surgical team. | May, 2021 |

Clinical conditions in COVID - 19

| REPORT N° | REPORT | ABSTRACT | LATEST UPDATE DATE |
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| 8 | Clinical recommendations for the prevention and management of mental health problems in isolated population due to COVID-19 | This document provides recommendations for the prevention and management of mental health problems in isolated population due to COVID-19. These recommendations are directed to managers or directors of health establishments, health team leaders and mental health professionals, to prevent and manage mental health problems in isolated population due to COVID-19. | 2020/04/19 |
| 10 | Clinical recommendations for prevention, diagnosis, and management of pregnant women in the context of the COVID-19 pandemic | This document provides clinical recommendations for prevention, diagnosis, and management of pregnant women in the context of the COVID-19 pandemic. These recommendations are directed to health personnel who participate in the management of pregnant women during the COVID-19 pandemic. | 2020/04/20 |
| 15 | Clinical recommendations for the management of Hemodialysis patients in the context of the COVID-19 pandemic | This document provides clinical recommendations about the procedures and biosafety conditions necessary to manage hemodialysis patients in the context of the COVID-19 pandemic. These clinical recommendations are directed to medical and non-medical health personnel who participate in the attention of hemodialysis patients in the context of the COVID-19 pandemic. | 2020/05/05 |
| 20 | Clinical recommendations for the management of patients with indication for chemotherapy and/or radiotherapy in the context of the COVID-19 pandemic | This document establishes technical criteria and procedures for the management of patients with indication for chemotherapy and/or radiotherapy in the context of the COVID-19 pandemic. In addition, provides clinical recommendations for the management of patients with indication for chemotherapy and/or radiotherapy in the context of the COVID-19 pandemic. | 2020/06/08 |
| 22 | Clinical recommendations for the management of geriatric patients in nursing homes during the COVID-19 pandemic | This document provides clinical recommendations for the management of geriatric patients in nursing home. These clinical recommendations are directed to health and non-health workers who participate in the management of geriatric patients in nursing home during the COVID-19 pandemic. | 2020/07/20 |

Occupational Safety and Health in COVID - 19

| REPORT N° | REPORT | ABSTRACT | LATEST UPDATE DATE |
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| 3 | Recommendations for the use of personal protective equipment by health personnel in the event of suspected, probable, or confirmed cases of COVID. | This document provides recommendations to reduce the risk of COVID-19 in health personnel who participate in the attention of suspected, probable, or confirmed cases of this disease, and in cleaning staff working in areas targeted for COVID. In addition, provides guidelines about the procedures to follow for the correct use of personal protective equipment (PPE), which include knowledge about the type of equipment, procedures to put on and take off correctly the PPE, and about the reuse or dispose of this equipment. | 2020/03/30 |
| 7 | Clinical recommendations for the risk assessment and management of health personnel in the context of the COVID-19 pandemic | This document provides recommendations for the assessment of the risk and management of health personnel in the hospital. These recommendations are directed to health personnel in the hospital and at administrative personnel in contact with hospital areas. | 2020/04/13 |
| 9 | Clinical recommendations for the prevention and management of mental health problems in health personnel in the context of the COVID-19 pandemic | This document provides clinical recommendations for the prevention and management of mental health problems in health personnel who attend patients with suspected or confirmed COVID-19 infection. These recommendations are directed to managers or directors of health establishments and psychosocial support team designated for health personnel. | 2020/04/19 |
| 14 | Clinical recommendations for the disinfection of hospital environments exposed to COVID-19. | This document provides recommendations for the disinfection of hospital environments exposed to COVID-19. Este documento brinda recomendaciones para la desinfección de ambientes hospitalarios expuestos a COVID-19. These recommendations are directed to managers or directors of health establishments, health team leaders and staff that perform the cleaning and disinfection of the environments, to prevent problems of COVID-19 infection. | 2020/06/08 |
| 16 | Clinical recommendations for the prevention of transmission and infection by COVID-19 within workplaces and those with moderate and low risk | This document provides clinical recommendations for the prevention of transmission and infection by COVID-19 within moderate and low-risk workplaces. These recommendations are directed to employees and employers working in moderate and low-risk workplaces during the COVID-19 pandemic. | 2020/05/14 |

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| 21 | Guidelines for the progressive return to work activities in the context of the COVID-19 | This document provides employers with general recommendations for preventive measures and safe practices to prevent the spread of COVID-19 in workplaces. These recommendations are directed to employers and administrative authorities of EsSlud institutes and specialized centers in the context of the COVID-19 pandemic, | 2020/06/12 |
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