

RECOMMENDATIONS ON THE CLINICAL MANAGEMENT OF THE COVID-19 INFECTION

The COVID-19 is a new disease that is challenging the health systems around the world. Its rapid spread has generated an important overload of health establishments, not only due to patients with mild disease who need a diagnosis, but also to patients with severe disease who need hospitalization and critical care. The volume in patients affects the availability of hospital beds and mechanical ventilators.

Since it is a new disease, there is no evidence to guide the management of these cases. The current protocols have been formulated based on the experience of health personnel who are managing these cases in several parts of the world. It is currently the best available evidence and with this, clinical recommendations are being formulated. The new evidence that appears in the following weeks can modify some recommendations or add more recommendations, so we should be attentive to the new publications that emerge. These recommendations will help guide the clinical management of these patients and standardize actions among different health professionals.